

UNIVERSITY OF NEW HAVEN'S INTERNATIONAL **STUDENT NEWSLETTER**

FEBRUARY 21, 2020



UPCOMING OPT INFO SESSIONS

- Monday, February 24th
 - o 11:00 AM-12:00 PM in Alumni Lounge
- Friday, February 28th
 - 1:00-2:00 PM in Moulton Lounge
- Wednesday, March 11th
 - 2:00-3:00 PM in Moulton Lounge
- Thursday, April 9th

F-1 students graduating in May that are planning to stay in the U.S. after graduation to work must apply for Post-Completion OPT. Please note the following OPT Information Sessions that will be offered in the Spring semester. Students applying for OPT become eligible to apply on March 2, 2020 and we recommend students apply early. ALL students applying for OPT must attend an information session or complete all modules and guizzes for the OPT Online Preparation Course PRIOR to submitting the OPT Request Forms. If you have not completed this requirement, your form will not be processed.

The ISO will BEGIN accepting OPT Request Forms for students \circ 3:00–4:00 PM in Moulton Lounge $_{Univ}$ graduating in May that have completed the Blackboard course or attended an Information Session on MONDAY, FEBRUARY 24TH. You may not submit an OPT Request Form prior to February 24.

UPCOMING INTERNATIONAL **FASHION NIGHT**

Join the Global Student Leaders at a fun event this weekend. Come out and wear your culture on the Fashion night. You can showcase clothing from your country or feel free to dress casually. We invite you to bring your favorite home country snack and share as "Potluck -Style".

At the event there will be music, dancing, games and a fashion walk. You or anyone can participate in the Fashion Walk for a chance to win prize for 'Best Dressed'.

February 22, 7:00 - 10:00 PM, Alumni Lounge

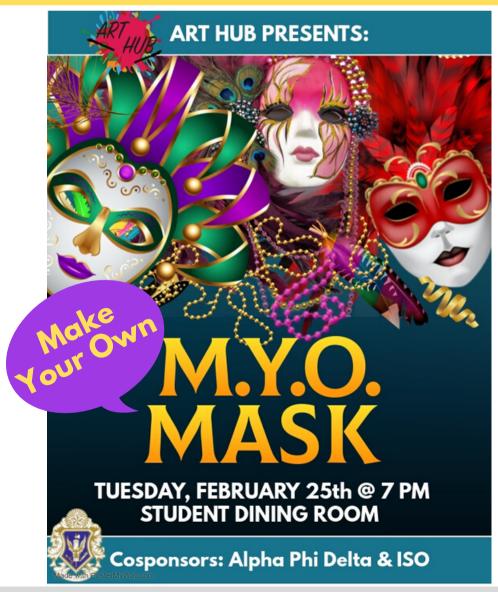


GROUP TRIP TO DMV

The Global Student leaders will be leading a group trip to the Hamden DMV on Saturday, February 29th for international students interested in applying for a CT State ID. Students must review the required documents and have everything ready in order to attend. If you have all documents ready and would like to attend with the group, please email Namratha at nraya1@unh.newhaven.edu to sign up and for more details.

All of the information can be found on the ISO's MyCharger page in the section for "Social Security and Driver's Licenses"





UPCOMING EVENTS

INTERNATIONAL FASHION NIGHT

Hosted by the Global Student Leaders. Wear your favorite cultural clothing and bring snacks from your culture to share! Saturday, February 22 6:00-10:00 PM Alumni Lounge

PROFESSIONALISM WORKSHOP

Hosted by CDC Tuesday February 25, 2020 10:30 a.m Located in Bartels Student Activity Center Conference Room.

MAKE YOUR OWN MASK

Hosted by Art Hub Tuesday February 25, 2020 7:00 p.m Located in Student Dining Room

GROUP TRIP TO THE DMV

Global Student Leaders will be leading a group trip to the Hamden DMV for students ready with documents to apply for the State ID or Driver's License!
Saturday, February 29th
For more details and to sign up, email Namratha at nraya1@unh.newhaven.edu





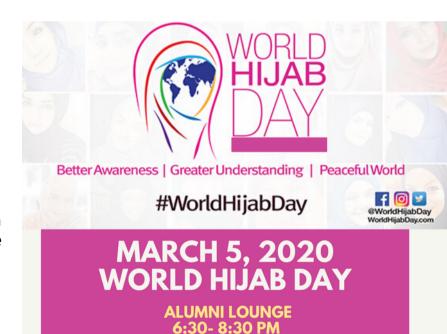
JOIN IN THE WINTER FUN

The Global Student leaders will be leading a group trip to the Ralph Walker Skating Rink in New Haven on Saturday, February 29th. The group will meet at Maxcy Hall at 10:15 a.m. to take CT Transit public bus to the ice skating rink. We will join the public skate 12-2 p.m. Please note that the public skating costs \$7 and skate rental cost \$5. After ice skating, we will enjoy a meal together at a local restaurant in New Haven. We hope you come on out and join us in this fun and eventful winter activity.

Students interested in participating in the ice skating trip should email Shivani Mathur at smath7@unh.newhaven.edu to sign up.

WORLD HIJAB DAY

Join us for World Hijab Day, a global movement encouraging Muslim and non-Muslim women all over the world to experience the hijab (head-covering) for one day – to open one's perspective on religious understanding. There will be an informative discussion on the hijab as we focus on increasing awareness and understanding by providing knowledge and dispelling myths.





Save the Date for I-Fest 2020! March 28, 2020





WRITING CORNER: HOW TO BEGIN RESEARCH



Regardless of whether you are a graduate student, an undergraduate student or an employee, research will play a vital role in your academic and work life. Therefore, knowing what goes into it, will come in handy at some point in your career. While there are many moving parts to the entire process, a significant one would involve picking a topic in the initiation and the selection stage of your research. Following would be some easy tricks to consider while choosing and narrowing your topic:

1. START BROAD ENOUGH

This could be hard because you could be equally interested in cell regeneration and job satisfaction. A good point of reference would be to go back to your assignment to find out if the subject area is more related to cellular biology or human resources. I intend to reiterate that everything you do is contingent upon your professor, course and topic area. Starting broad enough is suggested so that you have enough search options available. For example, I am interested in learning about positive organizational outcomes.



3. READ THROUGH

Here you can peruse abstracts and content within papers and articles based on how much their titles align with your area of interest. Once you go through and find something that you are intrigued by, try and retrieve the full text for in-depth information. You might have to repeat this step several times until you find a satisfactory topic area. For example, when I ran a search on job satisfaction, I found articles highlighting other variables such as work values, personality types, organizational commitment and the like.

2. DEVELOP AN UNDERSTANDING

Begin by loosely researching your broad topic area using it as a keyword for your initial search. The database you pick is contingent upon the kind of information you are looking for, which could be newspaper articles, published journal articles, papers, or statistics. That database will pull up thousands of results that will then help you determine various sub-topics. When I ran a search on positive organizational outcomes on PSYCINFO, I found results to employee engagement, job satisfaction, productivity and the like.

4. FIND YOUR FOCUS

By the fourth step, the topic should be focused enough so you are not overwhelmed by information. For example, if I want to explore the relationship between work values and its impact on job satisfaction, I will need to know where I want to study this relationship. One way to do that is to pick from a particular demographic or a time period. For example, study the impact of work values on job satisfaction among nurses.



5. WRITE YOUR RESEARCH QUESTION

After going back and forth several times, you will arrive at your research focus. The challenge here is to frame it. Writing a research question is beneficial in outlining the content on your paper and determining all the important elements therein. You might phrase your research question something along the lines of "How do work values of nurses affect their level of job satisfaction?" Of course, here there is an implied assumption that there exists a relationship which will be either proved or disproved in your research.